

Gwasanaethau i Blant RhCT

Rydyn ni'n gwranddo. Rydyn ni'n rhoi cymorth. Rydyn ni'n amddiffyn.

RCT Children's Services

We listen. We support. We protect.

The 'Get Involved' survey for care experienced children and young people



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- The '**Get Involved**' survey was posted to **863** addresses of Children Looked After (561) and Care Leavers (302) from 4 to 24 years of age about their care experiences.

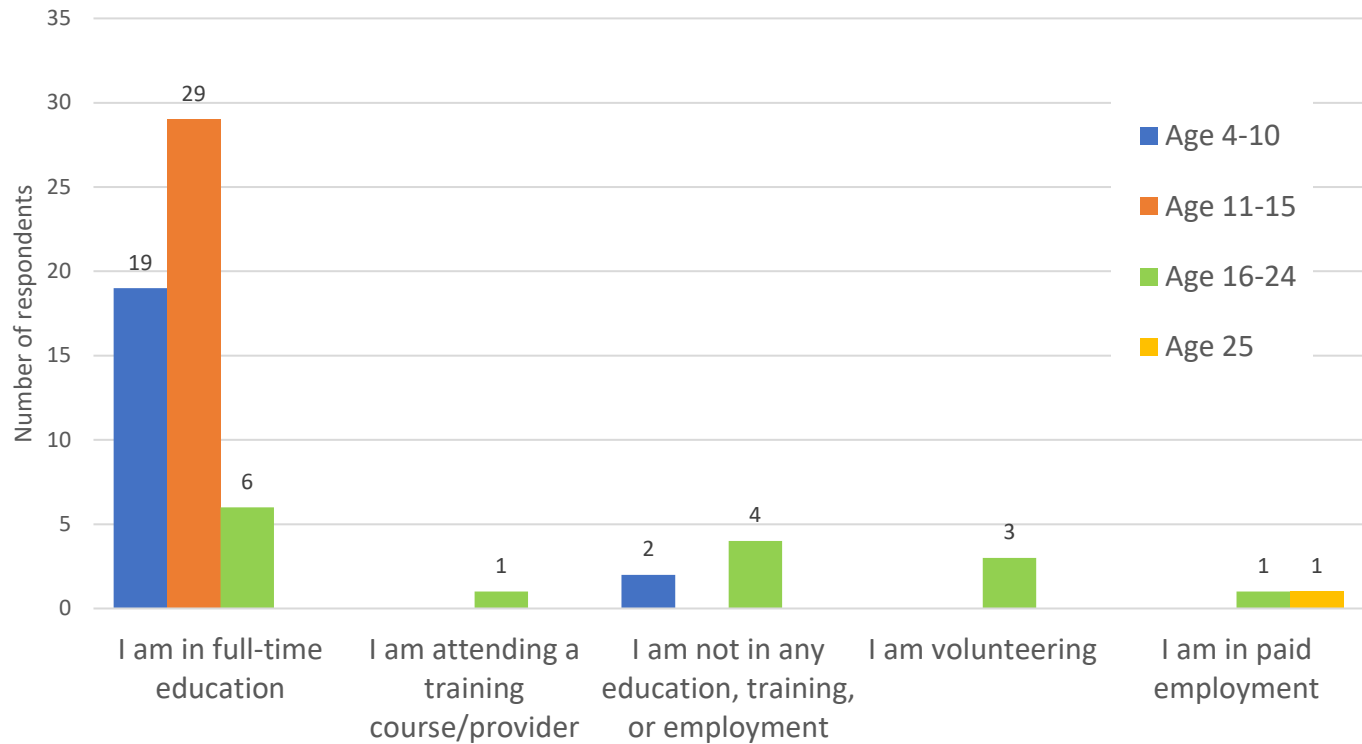
We asked:

- What is going well?
 - What could be better for all care experienced children and young people?
 - How would you like to get involved with Children's Services?
-
- The survey was also shared with Children's Services staff.
 - The survey was open from the beginning of November 2022 to Friday 17th February 2023. There were **66** responses with just under an **8%** response rate.



Age of respondents		
4-10 years	21 respondents	32%
11-15 years	29 respondents	44%
16-24 years	15 respondents	23%
25 years	1 respondents	1%
Total	66	

Which of the statements best describes you?



- The most respondents for the survey were 11–15-year-olds (**44%**).
- **82%** of young people were in full time education.





I have got a lovely safe stable home which is amazing

I live with very safe people, lots of security and I have privacy

My carers are nice and kind

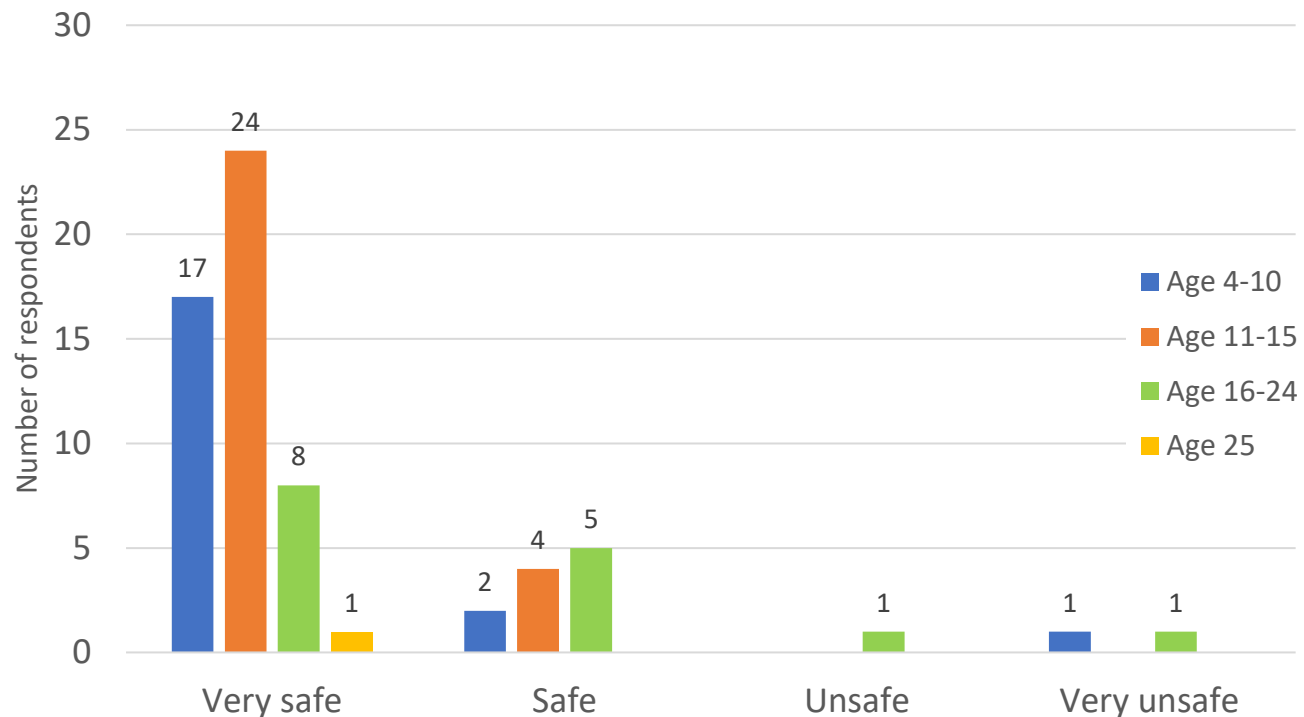
This is my home and my family

I feel safe because I live with a caring Foster family

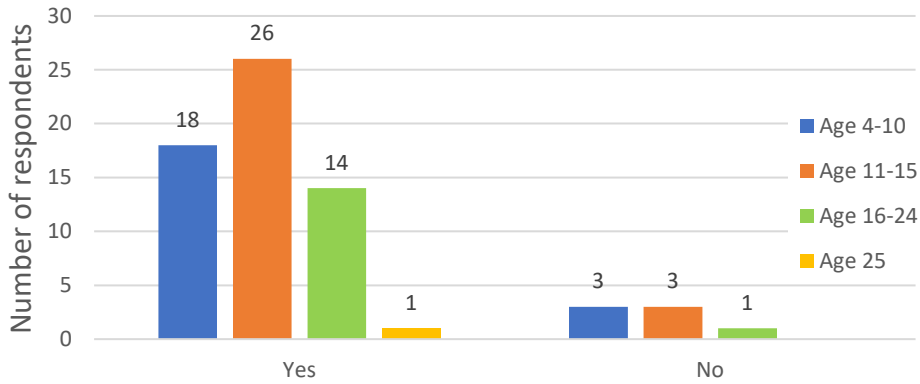
I feel safe because I'm treated well and I trust the people I live with and they support me

- More than a majority of young people said they felt **very safe**.

Do you feel safe where you currently live?



Do you have friends you trust to talk with?



Yes I would like to spend more time with my family.

Getting into the right routine.

I don't spend time with family because we don't get along.

Friendships

- 59 young people said they had friends they trust to talk with.
- 7 young people said they did not have friends they trust to talk with.

Family time

- 61 young people said they spent time with family.
- 5 Young people said they did not get to spend time with family.

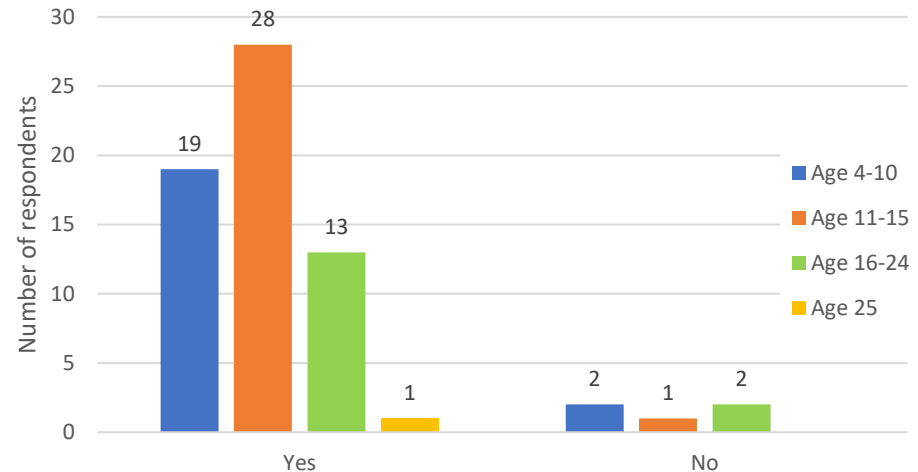
I feel very lonely at the moment and feel neglected by social services.

I can talk to my foster parents about anything.

I don't like to spend time with my real family because it makes me quite sad. I just don't like to but I have the opportunity to go.

My friends play games with me and go to the park.

Do you get to spend time with your family?



No, I did a brownie badge on my rights and I am the rights respecting representative in my school

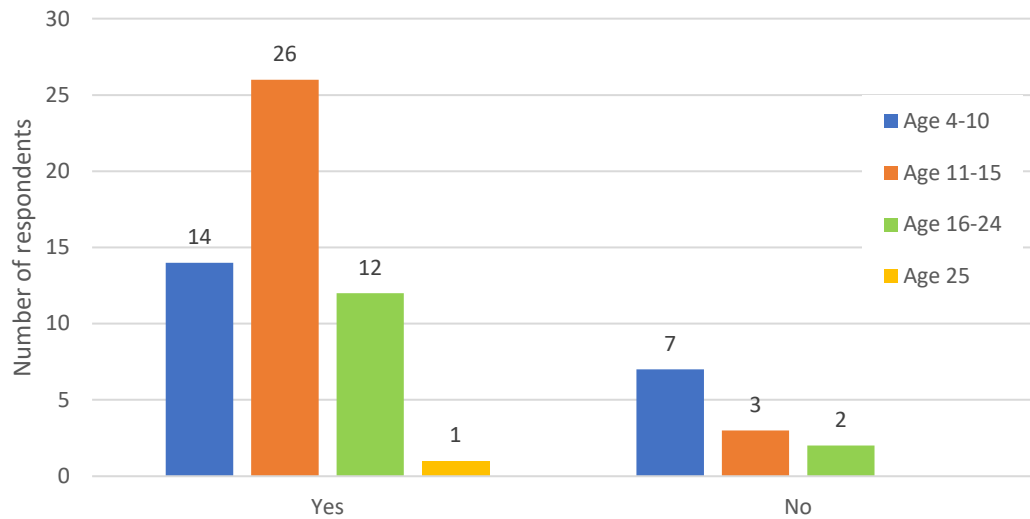
What are these rights?

All my rights as a care leaver

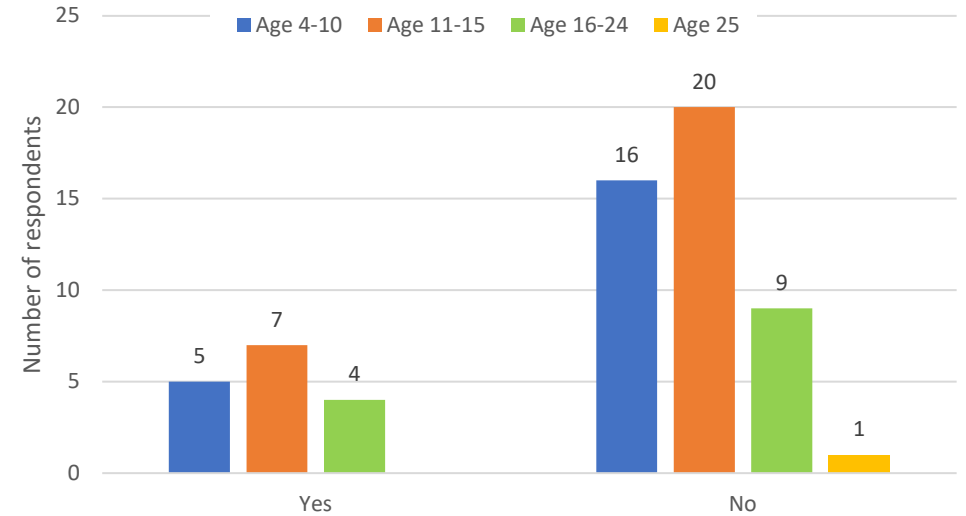
I don't know

I've read some articles but could know more

Young people have children's rights and human rights.
Do you know what rights you have?

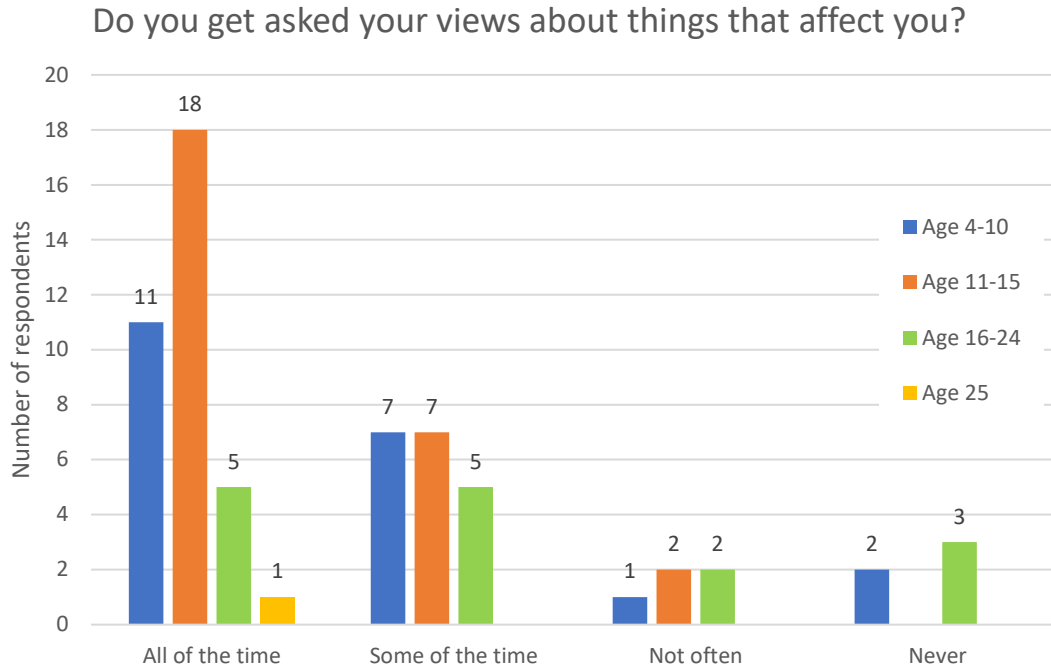


Would you like to know more about your children's rights?



- **Over a majority of young people said they know their children's rights/ human rights.**
- **15 young people said they wanted to know more about their rights.**
- **46 young people said 'no' to knowing more about their rights.**





If I'm sad or something I know I can talk to my parents and talk I don't like to talk much to over people maybe the teacher

I don't get my point of view heard with mum and nan but with my Foster family I get my view heard some of the time

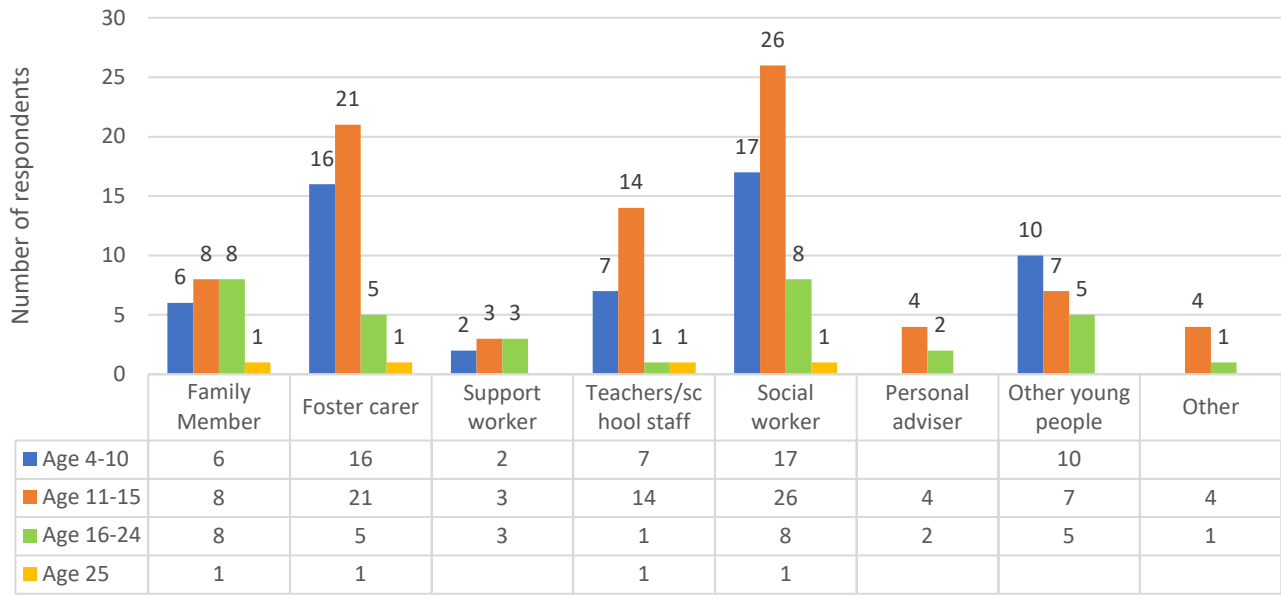
Me and my foster mam are very close. She is like my real mam

Yes by my carers but no from social workers

Senior staff, manager and key worker



Who ask your views about things that affect you?



Who asks about your view/opinions?

- Young people said their Social Worker, Teachers/school staff and foster carers (top three).





My education and learning opportunities

I feel safe and comfortable where I live. I am comfortable around the people who look after me. I've got people who care about me. I've got things in my future to look forward to

I get to see my brothers

My mam is always asking me stuff

What is positive (going well) for you?



positive year things things Everything Everything well home Happy Xbox family Life school look club feel nice friends live going like work people Living football good piano

I think its good I'm going to school, that I have friends and I am doing well

Where I live

My work and self-development

School, and I go to a club down the community centre by my house and it's called youth club

I'm in a happy safe place

I'm feeling happy

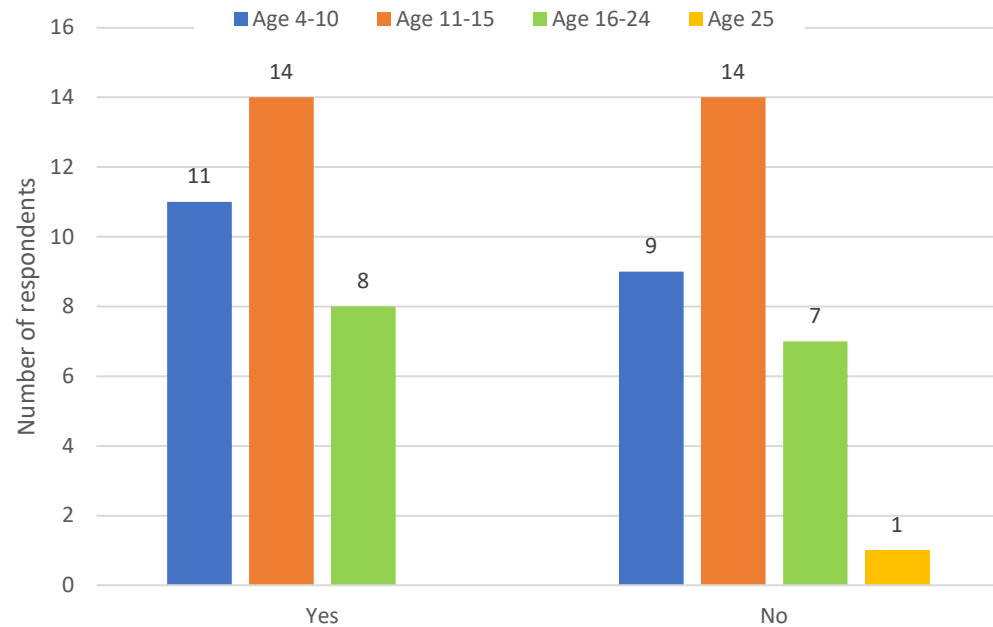
I have people who I can talk to I am now supported to present myself as a girl with confidence



Gaming events such as an esports team

Indoor activities

Would you like to attend activities with other care experienced young people?



Attending activities with other care experienced young people

- 33 young people said **yes** (51%)
- 31 said **no** (49%).
- 2 young people **skipped** the question.

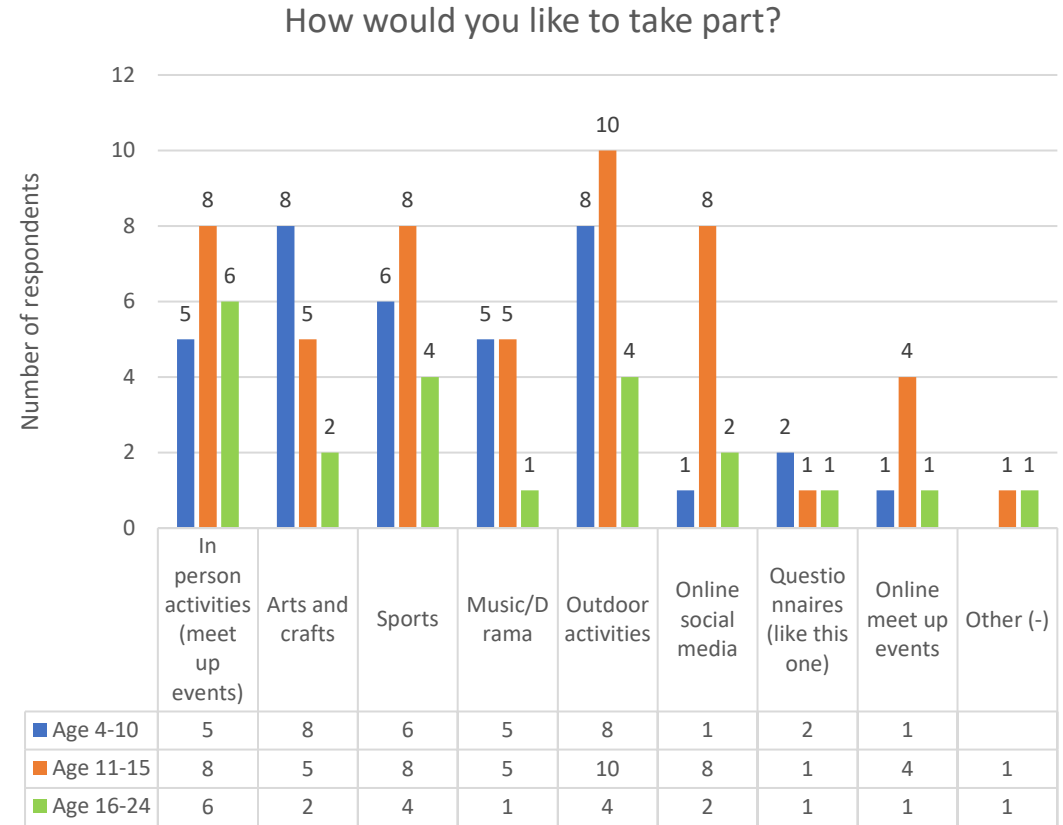
Think I would have benefited from this when I was younger

Parties



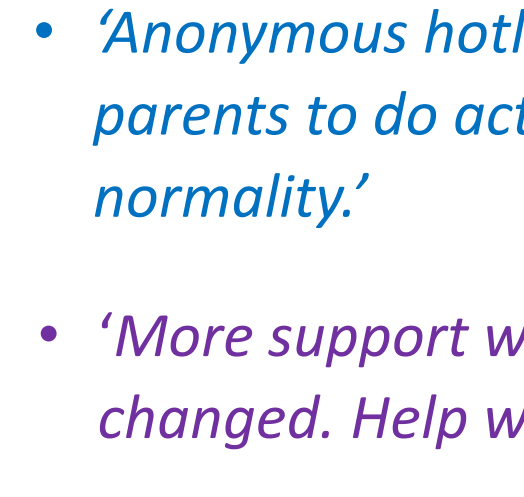
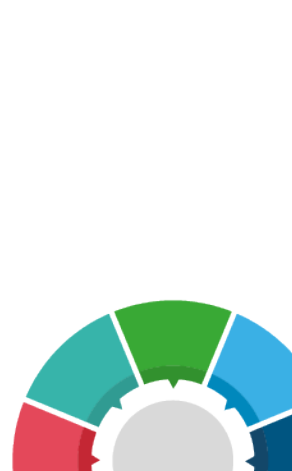
How would you like to take part? (Click all that apply)

1. Outdoor activities= 22 clicks
2. In person activities= 19 clicks
3. Sports= 18 clicks
4. Arts and crafts= 15 clicks
5. Online social media- 11 clicks
6. Music and drama= 11 clicks
7. Online meet up events= 6 clicks
8. Questionnaires= 4 clicks
9. Other= 2 clicks




What could be better? ...

- *'Awareness of the benefits the support can have on you and your future. Regular check-ups if wanted tailored to the young person. Awareness of the options and choices of support available to them.'*
- *'Let other young people have their opinions more in things, let them decide with their current family's important choices not the birth parents.'*
- *'We just want to be made aware of the things happening to our birth families even if not all information can be shared.'*
- *'If they have a social worker that they don't like/isn't good with the young person, let them change social workers.'*

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- *‘Anonymous hotline, readily available mental health support and places for parents to do activities with their children that are in care to promote a sense of normality.’*
 - *‘More support with mental health. Housing issues need to be changed. Help with benefits.’*
 - *‘To be put near their old friends, stay in the same school as before and having a good social worker.’*
 - *‘Nobody should be signed off or have their account closed down through social services until the age of 25 regardless. They should know and have a list of any funding that they are entitled too. They should always have tenancy support available.’*



Key ideas for what could be better...

- 16+ benefits support/ Housing support/ tenancy support until the age of 25.
 - Regular check ups tailored to the young person.
 - Take on board current family opinions and not always the birth parents.
 - Accessible information about birth families.
 - Anonymous hotline with mental health support.
 - Activities for parents and their children in care to do things with a sense of normality.
 - ‘Staying local’ matters.
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5. Next Steps

- Meet with the Transforming Participation Steering group which will incorporate evidence of children's voice.
- Develop an infographic poster with the survey results for 'You said, we did' or 'We will'... and send them out to Children, Young People and Families (CYPF) for the end of March 2023.
- Update Children's Services staff and partners with the survey results.
- Meet with VFCC staff to develop the work programme for 2023 to 2024 based on what young people are asking for. With focus on wellbeing, peer representatives and outdoor activities.

